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FAMILY AND RESIDENT MEMORANDUM

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TO: RESIDENTS AND FAMILIES OF THE MOUNT  
FROM: LINDSAY DICKIESON, ADMINISTRATOR  
SUBJECT: COVID OUTBREAK MEMO  
DATE: MARCH 22, 2022

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There is 1 new case yesterday. 4 cases has resolved, 4 remain active. We remain in outbreak status. There are some changes to our outbreak measures, done by neighborhood:

**1<sup>st</sup> floor: Community Care : Now by neighborhood:**

- Precious Blood:
  - 1 positive case
  - All residents on isolation measures
  - Close contacts have tested negative, will be re-tested on March 25.
  - Residents cannot leave their room except for physical exercise. Residents should wear a mask when leaving the room.
  - Remain at 1 PIC.
  - Can go outdoors for a walk on the property (mask is not required once the resident is outdoors).
  
- Orchard View and Sherwood Forest:
  - Not on isolation, but restrictions in place:
  - Mask when outside of your room.
  - Leave your room for:
    - Dining
    - Physical activity (a walk indoors or outdoors)
    - Getting a snack from the kitchenette
  - Dining is in the dining room but will be distanced from others.
  - No congregate activities or get togethers.

- Residents can leave their room with a mask on, can go for a walk indoors on first floor.
- Residents cannot go to outbreak or restricted areas.
- Remain at 1 PIC. Can go outdoors for a walk on the property (mask is not required once outdoors).

## 2<sup>nd</sup> floor: Nursing Care

- Carriage House:
  - All residents tested negative. No close contacts.
  - Residents were off isolation March 17.
  - Residents must remain in Carriage House.
  - Remain at 1 PIC.
  - Residents may leave the neighborhood if going for a drive or outside for a walk with the PIC. The resident should take extra precautions of hand hygiene and masking and should not interact with residents from other areas.
  - PICs continue to travel through first floor Sherwood Forest. If you need access to an elevator please let us know.
  
- Hilltop View:
  - 2 active cases of Covid-19, 1 resolved case.
  - All other residents were re-tested March 21. Results are pending.
  - Residents will stay in their rooms as much as possible. Meals will be served in rooms.
  - Residents may exit their room for physical activity, like a walk.
  - Masks will be encouraged when residents are out of their room.
  - Remain at 1 PIC.
  - Residents must stay on the neighborhood.
  - Residents may leave the neighborhood if going for a walk outside. The resident should take extra precautions of hand hygiene and masking and should not interact with residents from other areas.
  
- St. Dunstan's:
  - 1 active case of Covid-19, 1 resolved case.
  - All other residents were tested March 20. All tests were negative.
  - Symptomatic residents remain on contact-droplet precautions.

- Residents will stay in their rooms as much as possible. Meals will be served in rooms.
- Residents may exit their room for physical activity, like a walk.
- Masks will be encouraged when residents are out of their room.
- Remain at 1 PIC.
- Residents must stay on the neighborhood.
- Residents may leave the neighborhood if going for a walk outside. The resident should take extra precautions of hand hygiene and masking and should not interact with residents from other areas.

All appointments are cancelled unless medically necessary to attend.

Partners in Care can swap out to a different partner-in-care. If you feel your loved one needs an additional PIC or the main PIC is unavailable, please contact us about a second PIC. A second PIC can be considered.

PICs can pick up test kits (3 tests inside) to take home. Do a rapid antigen test before you come to visit. You do not need to show proof of the negative test.

The situation continues to evolve daily. Our goal is to break the chain of transmission and to have no new cases of Covid-19 so we can work toward ending the outbreak. Thank you all for your words of encouragement, support, and kindness as we work through this together.



Lindsay Dickieson, Administrator

[lindsay@themountcommunity.ca](mailto:lindsay@themountcommunity.ca)

902-620-0206