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FAMILY AND RESIDENT MEMORANDUM

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TO: RESIDENTS AND FAMILIES OF THE MOUNT  
FROM: LINDSAY DICKIESON, ADMINISTRATOR  
SUBJECT: COVID OUTBREAK MEMO  
DATE: April 6, 2022

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The outbreak is finished at the end of day today. Tomorrow (April 7), things resume to the pre-outbreak measures.

**Visitation and COVID- 19 Guidance:**

Partners in Care (PIC):

- Each resident will still have three (3) PICs. PICs will follow visitation guidance below.

Visitation

- Each resident may have three (3) designated visitors in addition to the three (3) PICs.
- Visitors are individuals who visit a resident primarily for social or other supportive reasons and may include family and friends.
- A resident may identify unlimited visitors.
- Each resident can have a maximum of 2 visitors for an indoor visit at one time (this does not count children). (This does not count compassionate or end-of-life situations).
- For outdoor visits, the resident may have up to the 6 visitors (3 PIC + 3 visitors).
- Physical distancing is not required between the Visitor and the resident.
- Visitation can occur in the resident's room or other areas within the facility.
- Visitors / PICs must maintain physical distancing of 2 metres (6 feet) from staff and other residents at the facility during the visit.
- Visitors and PICs must only visit 1 resident / facility unless exceptional circumstances.
- Visitors must be well and have no signs of illness.

- Visitors will be screened by facility staff for COVID-19 symptoms prior to entry.

## Masking Requirements

- A medical grade mask (one) must be worn by visitors upon entry and at all times within The Mount facility regardless of the vaccination status of resident and/or Visitor.
- A medical grade mask must be worn at all times by all visitors when a resident is in their care.
- Residents do not need to wear a mask inside The Mount. If they choose to do so, a medical grade mask will be provided for them.

## Personal Drives/ Resident Passes

- General Visitation guidance should continue to be followed when a resident is in the care or company of a visitor during a personal drive or a pass.
- The visitor must don and keep on a medical mask while the resident is in their care in the vehicle or at personal property.
- Drives can include disembarking from the vehicle to personal property.
- Drives can include disembarking from the vehicle to a necessary appointment.
- Hand hygiene must be completed and the touch surfaces of the vehicle should be clean.
- Residents who own/operate their own vehicle may go out on pass independently, following criteria for personal drives.
- Residents may go for a walk/bike ride/scooter ride on or off the property. Should not have contact with members of the general public.
- Residents who return from personal drives and passes will complete a daily antigen test for the first four days.
- Residents who go out regularly will require antigen testing every 2 days.

## Overnight Pass

- Overnight passes can occur for a resident in the care of a family member or friend.
- Increased testing of the community based friend or family is required.
- Community based individual(s) are required to test negative 2 days prior and on day of pick-up with antigen testing, must screen well and have no symptoms.

- Increased testing will allow for removal of masks by the family or friends while the resident is in their company and care.
- Resident will be tested with antigen testing daily for four (4) days upon return to facility.

### Community Church Attendance

- Fully vaccinated Residents (with a booster dose) may attend Church services in the community setting.
- Physical distancing from others, adherence to hand hygiene and all other public health measures must be maintained at all times.
- Residents may attend independently, or in the company of their PIC.
- Resident and those accompanying the resident must adhere to masking requirements as per the facility
- Personal drive guidance must be followed prior to and post Church attendance

### Facility Church Service

- Facility church service may resume, including having family and friends attend the public services
- We will follow Public Health Measures guidance for non-Vax Pass organized gatherings
- Clergy and organist (if applicable) must maintain physical distancing from residents
- Masks must be worn for entirety of worship service by all present minus resident population.

### Other Activities

- Activities will resume – residents can attend as they would have prior to the outbreak.
- Dining in the main dining areas will resume.
- Non-essential service providers may resume care and services – hairdresser, footcare, physiotherapy, music therapy, etc.
- Service providers who have direct physical contact with residents will perform rapid antigen testing prior to interacting with residents.

## Protecting All Residents

- Continued screening for illness and risk factors of all visitors and staff that enter facility.
- Continued use and strict adherence of medical grade masks by staff and visitors.
- Continued adherence to infection prevention and control protocols and public health measures.

CPHO is working on the Visitation Guidance for Long Term Care and Community Care, so this guidance may change again – we will keep you up to date. If there are any other questions please let me know,

Thank you,



Lindsay Dickieson, Administrator  
[lindsay@themountcommunity.ca](mailto:lindsay@themountcommunity.ca)  
902-620-0206