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RESIDENT MEMORANDUM

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TO: RESIDENTS AND FAMILIES OF THE MOUNT  
FROM: LINDSAY DICKIESON, ADMINISTRATOR  
SUBJECT: COVID OUTBREAK MEMO  
DATE: MAY 14, 2022

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We have 1 new positive case of Covid-19 as of late yesterday (May 13). This outbreak (Outbreak #2) will look a little different from the previous outbreak. Please read carefully so you know how to proceed.

PPE for staff (Personal Protective Equipment):

Staff will now wear 2 blue medical masks or an N95 mask and a face shield or goggles for the duration of the shift. These can be found by your sign-in areas.

Testing:

You must continue to test prior to every shift. This is done with the rapid test at home before you come to work. Please take some test kits home.

Resident Status:

Please notify your supervisor immediately if any of your residents are experiencing symptoms of COVID-19. Residents who have symptoms of COVID-19 need to be placed on contact droplet precautions immediately and tested.

Partners-In-Care / Visitors:

Residents are allowed 3 PICs and only these 3 designated PICs are allowed to visit at this time. PICs will wear 2 masks and a face shield. PICs will perform a rapid test prior to their visit, either at home or once they arrive.

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Other visitors are not allowed at this time.

The front door is now locked for PICs/visitors, please use the phone in the vestibule to call the front office to be let in.

### 1<sup>st</sup> floor: Community Care

- Close contacts are on isolation with contact-droplet precautions.
- Residents who are not close contacts are not on isolation.
- Residents who are not on isolation can go to dining room, eat at their regular tables. Cannot go to second or third floor.
- We are not sure about drives, outings – so no going out yet.
- Can go outdoors for a walk.

### 2<sup>nd</sup> floor: Nursing Care

- Close contacts are on isolation with contact-droplet precautions.
- Residents who are not close contacts are not on isolation, but must remain in their own neighborhood.
- Residents who are not on isolation can go to the dining room in their neighborhood, eat at their regular tables.
- We are not sure about drives, outings – so no going out yet.
- Can go outdoors for a walk.

### 3<sup>rd</sup> Floor: Sisters of St. Martha:

- One presumed positive case of Covid-19 on May 13 – we are waiting for lab confirmation.
- Residents are on isolation, some are close contacts and are on isolation + droplet-contact precautions.
- Residents may have 3 PICs.

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Outings:

Residents should not go on outings. Residents who are not on droplet-contact precautions may go outside (for a walk, or go outside with their PIC, etc.).

Personal Protective Equipment:

Partners in Care must wear 2 blue masks (provided by us) or their own N95 mask (not provided by us). PICs must also wear a face shield. Remember to peel off the 2 protective films on the face shield!

Residents are welcome to wear a mask outside their room if they wish to, but it is not required at this time.

Vaccination and Boosters:

All residents who were eligible for the 2<sup>nd</sup> Covid-19 booster shot (4<sup>th</sup> dose of the Covid-19 vaccination) have received it. There are less than 5 residents who have not received it because they are not yet eligible.

Paxlovid / Anti-viral medication:

Any resident who tests positive for Covid-19 is given the option to have the anti-viral medications. We work with the pharmacy and physicians to determine if a resident is eligible. There is no cost for the medication.

How long will this outbreak last?

Unfortunately we don't know yet. What we do know is that residents identified as close contacts will have to be on contact-droplet precautions and isolation for 4 days, and

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residents who have tested positive for Covid-19 are on contact-droplet precautions and isolation for 10 days.

What is the different between isolation and contact-droplet precautions?

Isolation is when residents have to stay in their room, but do not have any symptoms of Covid-19 and have not been identified as a close contact. The resident will not have any PPE outside their room, and staff or PICs do not need to wear a gown / gloves when going in the room.

Residents on contact-droplet precautions are on isolation and are either a close contact of a Covid-19 case or have Covid-19 or have symptoms of Covid-19. Residents on contact-droplet precautions will have signage and personal protective equipment (PPE) cart outside their room with gowns, gloves, extra shields and masks, and disinfecting wipes. Staff and PICs must follow the directions for putting on (donning) and taking off (doffing) PPE.

Thank you,



Lindsay Dickieson, Administrator

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